

# Benedictine Spirituality & Service

## An Experience for High School & College Girls



**DATES:** May 25 - May 28

**Registration Deadline:** May 1st

**WHO MAY PARTICIPATE:** Junior & Senior High School Girls & College Girls

**WHERE:** Sacred Heart Monastery, Yankton, SD

**DESCRIPTION:** Participants will participate in:

- service activities on the monastery campus and in the Yankton area,
- the monastery prayer schedule (i.e., liturgy of the hours, morning, noon, and evening) in the chapel,
- monastery meals in the refectory (i.e., monastery dining room),
- reflective sharing & journaling on scripture,
- reflective sharing & journaling on daily activities,
- picnics, a trip to the beach,
- and more... 😊

**BRING:** your Bible, a journal, an open mind, a positive attitude, a playful spirit, lots of energy, AND a sleeping bag, a pillow, work clothes, play clothes, and prayer clothes (no shorts and no tank tops).

**COST:** \$25.00 (scholarships are available) **Make check payable to:** Sacred Heart Monastery

**CONTACT:** S. Eileen O'Connor  
[eoconnor@mtmc.edu](mailto:eoconnor@mtmc.edu), 605-668-6017

Attention: Sr. Eileen O  
1005 West 8<sup>th</sup> Street  
Yankton, SD 57078

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**Registration Form (please print and mail with check)**

**Name:** \_\_\_\_\_ **Address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Paid (yes/no):** \_\_\_\_\_



**BENEDICTINE SISTERS OF YANKTON**  
SACRED HEART MONASTERY  
[www.yanktonbenedictines.org](http://www.yanktonbenedictines.org)