

Benedictine Spirituality & Service

An Experience for High School & College Girls



DATES: May 25 - May 28

Registration Deadline: May 1st

WHO MAY PARTICIPATE: Junior & Senior High School Girls & College Girls

WHERE: Sacred Heart Monastery, Yankton, SD

DESCRIPTION: Participants will participate in:

- service activities on the monastery campus and in the Yankton area,
- the monastery prayer schedule (i.e., liturgy of the hours, morning, noon, and evening) in the chapel,
- monastery meals in the refectory (i.e., monastery dining room),
- reflective sharing & journaling on scripture,
- reflective sharing & journaling on daily activities,
- picnics, a trip to the beach,
- and more... 😊

BRING: your Bible, a journal, an open mind, a positive attitude, a playful spirit, lots of energy, AND a sleeping bag, a pillow, work clothes, play clothes, and prayer clothes (no shorts and no tank tops).

COST: \$25.00 (scholarships are available) **Make check payable to:** Sacred Heart Monastery

CONTACT: S. Eileen O'Connor
eoconnor@mtmc.edu, 605-668-6017

Attention: Sr. Eileen O
1005 West 8th Street
Yankton, SD 57078

Registration Form (please print and mail with check)

Name: _____ **Address:** _____

Phone Number: _____ **Email:** _____

Paid (yes/no): _____



BENEDICTINE SISTERS OF YANKTON
SACRED HEART MONASTERY
www.yanktonbenedictines.org