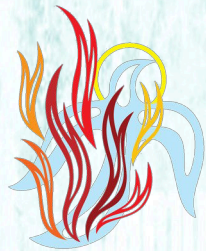


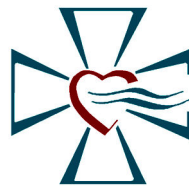
If we really want to  
love, we must learn  
how to forgive.

Mother Teresa



"Forgiveness is above  
all a personal choice,  
a decision of the heart  
to go against natural  
instinct to pay back  
evil with evil."

Pope John Paul II



## **Benedictine Peace Center**

A Ministry of the Benedictine Sisters of  
Sacred Heart Monastery, Yankton, SD

[www.yanktonbeneditines.org/retreat-center/](http://www.yanktonbeneditines.org/retreat-center/)

BenedictinePeaceCtr@  
yanktonbeneditines.org

605-668-6292

## **LENTEN RETREAT**

# *A Season of Forgiveness*



## *Finding Spiritual Freedom & Peace*

**Saturday, February 17, 2024**

**9:30—11:30 a.m.**

**ONLINE**

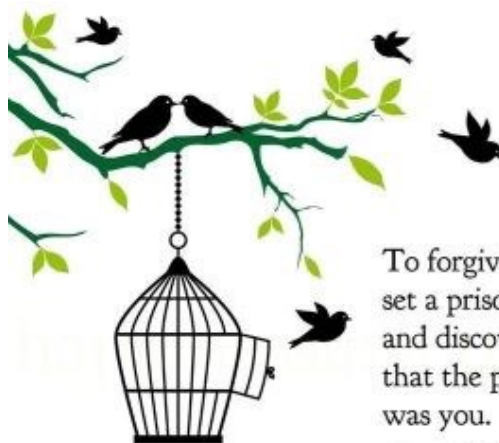
**Benedictine Peace Center  
Yankton, SD**

## Retreat Theme

Encountering our merciful God empowers us to *choose* forgiveness when we are deeply hurt by another. My choice to forgive opens me to the gift of inner healing.

Join a group on Zoom to explore the Christian wisdom on forgiving love in this two-hour retreat. Prayer, short presentations, and dialogue in break-out groups will gather teachings from scripture and experience to foster healing during this Lenten season.

*Benedictine Sisters Mary Jo Polak, Doris Oberembt, Sharon Ann Haas, and Jeanne Ranek will guide this retreat experience.*



To forgive is to set a prisoner free and discover that the prisoner was you.

- Lewis B. Smedes

“Peter said,...‘how often should I forgive? As many as seven times?’

Jesus said to him,  
‘Not seven times,  
but, I tell you,  
seventy-seven times.’”

Mt 18:21-22



Registration Deadline:  
February 15

Cost: \$30

Online retreat offered via Zoom.  
*When registering give us the email you use for Zoom.*

Online Registration form and additional information can be found at  
[YanktonBenedictines.org/online-lenten-retreat/](http://YanktonBenedictines.org/online-lenten-retreat/)

*Or Email*

[BenedictinePeaceCtr@YanktonBenedictines.org](mailto:BenedictinePeaceCtr@YanktonBenedictines.org)



Pay online using this QR Code or the following link:

[www.yanktonbenedictines.org/retreat-center/payment/](http://www.yanktonbenedictines.org/retreat-center/payment/)

OR mail your check payable to  
Benedictine Peace Center  
1005 West 8th Street  
Yankton, SD 57078